



STARTERS

Haddock Corn Chowder

Cup 5.99 | Bowl 8.99

Boneless Tenders

12.99

Plain | Buffalo

Cpt. Mowatt's Bar Harbor-Que (spicy) | Shay's sweet & spicy
Choice of bleu cheese or ranch side.
| **make it a meal w/ fries \$15.49** |

Snack Attack Burger

6.49

Deep fried 4oz burger, american & cheddar, shredded lettuce,
pickles, & burger sauce
| + extra patty 1.99 |

Spicy Gnocchi, Sausage & Fresh Mozzarella

11.99

Sautéed gnocchi, hot Italian sausage, pesto, fresh mozzarella

Mediterranean Nachos

Half \$6.99 | Full 12.99

Pesto, Mediterranean salsa (capers, artichoke hearts, sun-dried
tomatoes, Kalamata olives, tomatoes, garlic, scallions),
mozzarella
| + grilled chicken 3.99 |

Traditional Nachos

Half 6.99 | Full 12.99

Tomatoes, black beans, black olives, jalapeños, salsa, sour cream,
cheddar jack
| + grilled chicken or BBQ pulled pork 3.99 |

Spinach & Artichoke Dip

11.99

Toasted bread & tortilla chips

Caramelized Pear & Bleu Cheese Quesadilla

11.99

Caramelized pears, onions, bleu cheese crumbles, shredded
mozzarella, walnuts & honey
| + grilled chicken 3.99 |

Sweet & Spicy Chicken Quesadilla

12.99

Grilled chicken, celery, caramelized onions, cheddar jack, bleu
cheese crumbles, Shay's sweet & spicy

Steak & Portobello Quesadilla *

14.99

Grilled steak, portobello mushrooms, black beans, cheddar jack,
Shay's sweet & spicy, mixed greens

Mediterranean Quesadilla

13.99

Grilled chicken, goat cheese, shredded mozzarella, Mediterranean
salsa (capers, artichoke hearts, sun-dried tomatoes, Kalamata olives,
tomatoes, garlic, scallions)

SIDES

Pub Fries...4.99 | Coleslaw...2.99

Onion Rings...5.99 | Sweet Potato Fries...5.99

Mixed Vegetables...4.99 | Garlic Mashed Potatoes...2.99

Chips & Salsa...4.99

NON-ALC BEVERAGES

Coke | Diet Coke | Orange | Sprite | Ginger Ale | Pink Lemonade 1.99

Unsweet Iced Tea 1.99 | Peach Iced Tea 2.25

Hot Coffee 1.99 | Maine Root Root Beer 3.99

SALADS

Chicken Chop Salad

13.99

Grilled chicken, romaine, mixed greens, cucumbers,
tomatoes, red onions, fresh mozzarella, house vinaigrette

Sweet & Spicy Chicken Chop

13.99

Sweet & spicy grilled chicken, romaine, mixed greens, cucumbers,
tomatoes, red onions, celery, side of ranch or bleu cheese dressing

Grilled Steak Salad *

16.99

Grilled steak tips, romaine, mixed greens, tomatoes, cucumbers, bleu
cheese crumbles, sautéed onions, crispy onion rings, house vinaigrette

Blackened Salmon Salad *

17.99

Romaine, mixed greens, pickled red onions, tomatoes, cucumbers,
feta, citrus vinaigrette

Mozzarella Salad *

Half 6.49 | Full 10.99

Tomato slices, red onions, fresh mozzarella, mixed greens, house
vinaigrette, basil pesto

Dinner Caesar Salad *

Half 6.49 | Full 10.99

Fresh romaine, creamy caesar, parmesan cheese, homemade
croutons

Dinner Garden Bleu Salad *

Half 6.49 | Full 10.99

Romaine, mixed greens, house vinaigrette, tomatoes,
onions, cucumbers, bleu cheese crumbles

Cranberry Walnut Salad *

Half 6.49 | Full 10.99

Mixed greens, balsamic vinaigrette, dried cranberries, caramelized
onions, walnuts, goat cheese crumbles

SALAD PROTEINS

chicken...3.99

portobello mushroom...3.99

grilled steak tips 6.99

blackened salmon...7.99

DINE-IN DAILY SPECIALS

MON-FRI 4:00 PM-CLOSE

SAT ALL DAY

MONDAY \$1.50 PBR pounders

TUESDAY \$4.00 Martinis (off the \$5 menu)

WEDNESDAY \$3 Off Pub Meals & \$2.50 Bud drafts

THURSDAY \$3.00 House Wine

FRIDAY Talls for \$smalls Draft Beer

SATURDAY \$4 Red Sangria & \$6 Mimosas

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www.shaysgrillpub.com

SANDWICHES

All sandwiches are served with your choice of pub fries or coleslaw.
Sub sweet potato fries or onion rings .99 | Sub demi-salad for 1.49
Add fried egg 1.49| GF Bun 2 .49

Sriracha Chicken Sandwich

13.99

Grilled chicken breast with pepper jack cheese, sautéed onions, roasted red peppers & Sriracha mayo

Sweet & Spicy Chicken Sandwich

13.99

Deep fried sweet & spicy chicken breast, bacon, cheddar, LTO, side of ranch

Pulled Pork Sandwich

13.99

Braised pork, Captain Mowatt's Bar Harbor-Que sauce (spicy), house-made pickles, coleslaw, topped with crispy onion rings

Roasted Turkey Rachael Panini

13.99

Roasted turkey, coleslaw, Swiss, 1000 island, marble rye

Tuna Melt

13.99

Solid white Albacore, American cheese, house-made pickles, marble rye

Haddock Sandwich

14.99

Beer battered haddock, LTO, served with a side of lemon caper tartar

WRAPS

All wraps served with choice of pub fries or coleslaw.
Choose either white or wheat wrap.
Sub sweet potato fries or onion rings .99 | Sub demi-salad for \$1.49

Mozzarella Wrap

13.99

Mixed greens, red onion, tomatoes, fresh mozzarella, basil pesto, house vinaigrette

Portobello Wrap

13.99

Sautéed portobello mushroom, Mediterranean salsa (capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, garlic, scallions), pesto, mixed greens, red onion, goat cheese and mozzarella

Buffalo Chicken Wrap

13.99

Fried chicken, lettuce, red onion, tomatoes, bacon, buffalo sauce, ranch dressing

Honey Mustard Wrap

13.99

Grilled chicken, honey mustard, bacon, lettuce, tomato

Southwest Chicken Wrap

13.99

Grilled chicken, salsa, black beans, sautéed onions, romaine, avocado, cheddar jack

Classic Turkey Club Wrap

13.99

Roasted turkey, romaine, tomatoes, red onions, bacon, cranberry mayonnaise

BURGERS

1/2 lb. *Certified Angus Beef burgers are served on a toasted artisan bun with LTO and your choice of pub fries or coleslaw.
Sub sweet potato fries or onion rings .99 | Sub demi-salad for \$1.49
Add fried egg \$1.49| GF Bun 2.49

Good Ol' Burger *

13.99

Classic burger with American
| + bacon .99|

Bleu Cheese BBQ Bacon Burger *

14.99

Bleu cheese crumbles, bacon, Captain Mowatt's Bar Harbor-Que sauce (spicy),

Cowboy Burger *

14.99

Cheddar cheese, bacon, Captain Mowatt's Bar Harbor-Que sauce (spicy), topped with crispy onion rings

Philly Burger *

14.99

Caramelized onions, sautéed mushrooms, cheddar
| + bacon .99|

Cali Burger *

15.99

Guacamole, cheddar, bacon, house-made pickles

Veggie Burger

12.99

Locally made Blue Mango veggie burger

Turkey Burger

13.99

Lettuce, tomato, onion
| + cheese .99|

PUB MEALS

(\$3 OFF WED 4-CL)

Fish & Chips

16.99

Beer battered haddock, fries, coleslaw, lemon caper tartar side

Pan Seared Gnocchi

14.99

Gnocchi sautéed with hot Italian sausage, mixed vegetables, white wine, garlic, butter, parmesan

Mediterranean Pasta

14.99

Mushrooms, capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, scallions, garlic, pesto, spaghetti, parmesan
| + chicken 3.99 or salmon 7.99 |

Blackened Salmon *

18.99

Mixed vegetables, garlic mashed potatoes

Grilled Steak Tips *

16.99

Steak, horseradish bleu cheese butter, mixed vegetables, garlic mashed potatoes

Pulled Pork Plate

15.99

Braised pork topped with onion rings & Cpt. Mowatt's Bar Harbor-Que (spicy), house-made pickles, coleslaw, french fries

Spinach Ravioli

14.99

Spinach ravioli, parmesan cream sauce, roasted red peppers, zucchini, mushrooms, pesto drizzle
| + bacon .99 |

**Shays does not have a gluten-intolerant kitchen and cross-contamination may occur.

*Consumption of raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

